



Hetken helmiä arkeen ja juhlaan

Massage Services and Specialty Treatments

| | |
|------------------------------|------|
| Classic massage 45 min | 35 € |
| Classic massage 1h 15 min | 50 € |
| Aromatherapy massage 1 h | 49 € |
| Indian head massage 30 min | 26 € |
| Indian head massage 45 min | 35 € |
| Ear candling 20 min | 32 € |
| Reiki treatment | 44 € |
| Pedicure | 58 € |
| Manicure | 55 € |
| Herbal sauna (min.8 persons) | 28 € |

Our speciality is a relaxing herbal sauna using medicinal herbs and sea salt. Herbal sauna improves circulation and respiration, relaxes muscles and relieves stress and allergy symptoms. The gentle steam of the sauna and a blend of herbs create a complete sauna experience. The herbal sauna ritual of Väinämöinen is prepared by an experienced naturopath.

More information & reservations:
Sininen Helmi, Mrs. Kaija Ruotsalainen
tel. +358 40 7050428 or info@sininen-helmi.fi